



INTRODUCTION :: **ARIES/LIBRA** :: MARCH/APRIL 2023

This PDF is designed to guide & support you throughout the current Lunation. The **Tools, Support & Guidance** are for **March/April 2023** and whatever Soul Work you're able to do, is going to set you up for deeper revelations as the year unfolds. Based on whatever you discover, you will be set up for the birth of something NEW this year. In other words, the energy you are able to put into cultivating a conscious life and manifesting your goals will directly feed into your success 6-months-to-a-year from now.

The Lunar Cycle is generally 28-days and the energies ripple out in ways that we can feel and in a rhythm that we can follow every week, two weeks, one month, 6-months, 1-year, 9-years and 18+years. See the micro-to-macro effect of consciously co-creating with the Moon? We go from very personal, daily rhythms & moods to the social/collective rhythm of the North Node Cycle of Life Path & Direction. It's also best to do your **Lunar Ritual** 3-days *before*, the *day-of* or 3-days *after* the Full or New Moon – that is when the energy is strongest & you'll get better results. You can take 3-hours or 3-days to carry out your ritual.

The other evolution happening during this time is that we are being activated to go deep within the Self to connect with our **Inner Aries**: that is our passion, purpose & identity and **Libra**: our relationships, partnerships & collaborations. If you are able to plant the seeds of a renewed balance & integration of your Individual needs & desires with your Relationship needs & desires. If you anchor your Self early in the year, then when **Libra Time** gets here (6-months from now), you'll be able to step UP and into a new level of interacting & co-creating with others. This energy also allows for a renewal of **Personal Self-Mastery & Improved Alignment with Others**.



YeYe's Standard Chant + Blessing the Head Instructions

[AUDIO](#) (16-min/mp3)

[YeYe Luisah Teish](#) created the following **Standard Blessing/Opening Prayer**. For those of you in our classes, this will support your practice and for those of you that this is “new” to, just feel into it and see if it resonates. This particular blessing is rooted in African/Yoruba Traditions. This will also help us to master the **Standard Chant, Hand Movements & Blessing the Head that YeYe has taught us** (which is explained in audio link above).

Every time you are ready to begin your **Monthly Lunar Ritual**, you will light a candle, place a glass of water near the candle and start here with the **Standard Chant**, which is used for **Opening the Four Directions**, calling in the **Ancestors** or, like we’re using it here, to set up our **Sacred Space**. There is a lot of explanation on the audio, so I have included the words & gestures below for those of you who want to get to it. After you’ve set the **Sacred Space & Blessed Your Head**, then you will refer to the **Energetic Support + Lunar Tools** to guide your inquiry, along with **Journal Prompts + Chakra Breathwork** that is customized for each Lunation that you may find useful.

Opening Sacred Space :: Song + Movements

Ahh Sigh + Begin to Sing/Chant

Iba Se	= Hands Opening a Circle		
Iba Se O	= Knees Bend / Bring Hands into Prayer Pose	Ile Orun	= Home of the Heavens
Iba BaBa	= Prayer Hands Go Up to Father Sky	Ile Aiye	= Home of the Earth
Iba YeYe	= Prayer Hands Go Down to Mother Earth	Ile Olokun	= Home Below the Waters
Iba Se	= Prayer Hands Open to the Horizon		

Honor the Four Directions (now pick up your glass of water):

- Use the longest finger on left hand & take your finger clockwise around rim of glass / starting at top for 12noon
- Imagine you are creating a Sacred Circle and placing yourself in the Center
- Now touch the top for 12noon/North, touch 6pm/South, touch 3pm/East, touch 9pm/West
- Imagine an equal-arm cross in your Sacred Circle and place yourself in the Center

Then Visualize and Feel the Experience of:

Good Fortune in Front of You	Wind & Clouds Above You
Ancestors Behind You	Ocean & Rivers Below You
Good Health on Right Side of You	The Pathfinder in Front of You
Wealth on Left Side of You	The Defender Behind You

Then Pour the Libations and Bless the Head

Say the following and splash/pour/offer a little water for each blessing and use the water to **Bless the Head**

OMI Tutu	= Cool/Bless the Waters of Life	Iwa Ju	= Third Eye/Imagination
ONA Tutu	= Cool/Bless the Road of Life	Ori	= Crown/Consciousness
ILE Tutu	= Cool/Bless the House of Life	Eshu Ni Apako	= Back of Neck/Trickster
Tutu Gbogbo Egungun	= Cool/Bless All the Ancestors	Iburu	= Throat/Voice
		Ori Mi Gba Mi O	= My Head Supports Me
		Bless Each Temple	= Intuition + Intellect



STANDARD RITUAL SET-UP

Each Ritual can take 3-hours or 3-days to Complete, depending on your time & availability:

Day/Hour One = Humble self & clear any negative energy from your field by acknowledging that you cannot do it alone. It is a time to focus on clearing & releasing anything blocking your current goal(s). And then give Gratitude for all the Blessings & Resources that you already do have. Take it one step further by **feeling** as if your goal has already been accomplished. What kind of Gratitude will you show once you achieve your goal? How will you deepen your dedication?

Day/Hour Two = Petition the Orishas, Ancestors, Angels & Animal Spirit Guides for assistance. Be careful to not beg but simply & honestly present your needs & desires, with gratitude as if it's already been granted. There is a monthly theme supported by the Moon, but you can also set the goals & intentions that are most important to you at this time.

Day/Hour Three = Make a Commitment to do your part going forward and to circle-back in 2-weeks, 1-month, 6-months and/or 1-year from now. Those will be the pivot points when you should be able to see results of the Soul Work that you are able to invest at this time.

Each Day:

Have your Candle + Glass of Water, along with any related Crystals or Totems that you think will support your Soul Work.

- ◆ Open Your Sacred Space
- ◆ Bless the Head
- ◆ Commune & Make Offerings to Your Invisible Team
- ◆ Petition for Assistance
- ◆ Open to Receive Message
- ◆ Use your own **Divination Tools + Kelly's Lunar Tools** to guide the specifics of each lunation. You may want to do some Water Gazing, Tarot, Shamanic Journey etc to help you clarify & confirm the guidance that you receive.
- ◆ Renew Your Commitment (to Release, Reclaim & Do Better Going Forward)
- ◆ Close the Circle on the third day/hour



ARIES New Moon :: 3.21.2023 @10:23am (pacific)

Ritual Orb of Influence :: March 19 - 23, 2023

EAGLE Medicine/Animal Guide :: The Pioneer Archetype

COMPOST Imbalanced Relationships :: SEED Your New Path & Purpose

PETITION :: Ritual for Calling In a New Elevated & Expanded Perspective

ENERGETIC SUPPORT = Spring Equinox :: Initiating New Identity & Purpose

We recommend that you check-in with Kelly's [Weekly Forecast](https://KellyMBeard.com/blog/) (<https://KellyMBeard.com/blog/>) for current energies & cycles, however, there is always at least one special alignment to help us with each Lunation.

Turning Point / Crossroads

Being More Active/Physical

Spring Cleaning & Clearing

Resurrection, Renewed Life & Vitality

New Beginnings, Seed-Planting & Initiation

Fiery Creativity, Fertility & Blossoming Energy

Taking a Serious Step in the Direction of Your Goal

Delicate Infant Stages, New Growth & Development

Spring Equinox :: Vernal Equinox :: Ostara :: Each year, we have the third of *8* Sacred Seasons :: Initiating a Renewal of Life & Light, Re-Birth and Resurrection. Vital energies & resources are now more readily available. It's time to plant seeds & initiate projects that will show promise by Fall Equinox. It is the first re-balancing of the Light, coming from predominantly Internal/Dark/Shadow/Fallow time (Winter) and returning to an External/Light/Fertile time (Summer). Spring & Fall represent Balance & Increase, equal Light & Darkness, equal Day & Night. Sunrise & Sunset are always the best time to meditate as the veils between realms are thinner making communing easier and more productive. Consider the Solstices to be Initiation/Integration times and Equinoxes to be times of Change, Movement, Choices & Decisions. Spring Initiates New Life ~ Fall Assesses the Quality of that Life and marks its on-going progress ... what takes root (works & evolves), what needs more time (incubation & more care) and/or should be released altogether to begin anew (compost & re-direction of energy). It's time to be more physically active, to try new things, do some Spring cleaning (on multiple levels). You can choose what type of Renewal you'd like to experience every year. For example, one year you may want to focus on renewing the body or renewing your sacred space or renewing your relationships (to Self and others) ... you decide ~ get creative and dedicate a year to see what you can create when you work with the natural rhythms of the time and space you live in. It's time to Initiate a new aspect of Self that you recently developed or discovered, to have the courage to live your Truth & serve your Purpose.



ARIES New Moon :: 3.21.2023 @10:23am (pacific)
Ritual Orb of Influence :: March 19 - 23, 2023

Additional Energetic Support & Lunar Guidance

3.21.2023 :: New Moon in ARIES + Lunar Flip :: (1 of 2 Aries New Moons)

This is an annual Initiation of the New You, the New Year and a brand New Beginning that is available for those who choose the New, leave the Old/Past behind, and bravely step into the unknown. This is an annual opportunity to release imbalances within ourselves and our relationships or environment, anything that is preventing the Aries/New Beginning from unfolding naturally. You are in completely new territory now and the Aries New Moon launches us all to the next level. Consider how much has been cleared & released just in the last year alone. This first *Seed Point* is vital to the next 6-12 months of growth and expansion. It is truly time to close out and release anything no longer essential to your reality or evolution. The message is: Do Not Rush but Neither Postpone. This is the week to dedicate your Self to a New Identity & Purpose and develop it throughout April so that these Eclipses will help you activate & ground something tangible – for the next 10-20 years. If you are able to determine your own needs & capacity to contribute first, then the upcoming Libra Full Moon (4/5) will illuminate what has to be recalibrated with Others in your life to allow that new cycle to begin. This Lunation gives us a chance around the same time every year to check-in with our *Internal Balance* and what will be required of each of us to truly anchor this emerging Identity & New Purpose. It may also reveal where more *External Balance* is required for you to maintain relationships or agreements with others (or not). Most likely, some of both will manifest. Each month is building on the previous, in that, with the Pisces/Virgo Lunation, we got to go within and reset our internal systems and determine how much we could really handle while the Aries/Libra Lunation gives us the opportunity to reset the balance between self and other because next month's Taurus/Scorpio Lunation are going to bring in the literal changes we need to go forward clean and in integrity with this New Beginning. Do your best to stay alert and present, especially when navigating with others, in relationship or community. Aries time is the once-a-year it is all about YOU!

3.18.2023 :: Mercury Enters ARIES (until April 3rd):

Mercury moving through Aries tends to make us think more instinctively. This is a mixed blessing. On one hand, you can take in a lot of information and easily sort & sift it based on what your immediate needs are but on the other hand, it can make you jump the gun without thinking things all the way through because you are reacting instead of responding. Reacting comes from the Head and Responding comes from the Heart. It is best to use this energy to dig into your own ideas & motivations – WHY do you want what you want? Why are you thinking the way you do? What is motivating your ideas, thoughts & concepts? Also, because it is Spring, it is time to think about which ideas will best serve your personal needs and professional goals in the coming year so it is another one of those times where I remind you that you this kind of self-centeredness is not based in ego but is essential to how you make your choices & decisions every day. If you do not look out for your own ideas and/or personal needs, then who will? You can also keep in mind that Libra energy balances out Aries energy, so make sure that your ideas create win/win situations where your needs are met and you are still being of service to others in a meaningful way.



ARIES New Moon :: 3.21.2023 @10:23am (pacific)
Ritual Orb of Influence :: March 19 - 23, 2023

***ISSUES* being brought in to the Light at this time are:**

- Independence, Courage, Conviction & Willingness to Begin
- Your Independence Within the Context of Relationships / Community
- Facing Fears & Being Courageous in the Wake of Change
- Risk-Taking & Initiating New Beginnings
- New Beginnings / Rebirth / Clean Slate
- What You Truly Desire/Want
- How You Direct Your Energy
- How You Balance the Self vs. Other Energies

***HOUSES* are the Areas of Life where you need to:**

- Focus On You, Your Choices & Behavior ~ How You Take Action & Why
- Channel Anger into Productive Tasks, Re-Dedicating Energy Consciously
- Assess Your Current Energy & How It Could Be More Focused
- Take a Risk and Initiate Something New
- Re-Define Your Authentic Self / Identity (at this time)
- Rebirth & Re-Learn How to Walk/Talk at this Evolved Level
- Activate a Clean Slate & Start Fresh
- Cultivate New Identity or Create New Image

***QUESTIONS* to Contemplate:**

- What Do You Deeply Desire/Want?
- What Noble Cause Do You Support?
- What are You Willing to Do to Protect New Life?
- What Unknown Aspect of Life or Circumstance Scares You?
- How/When are You More/Less Assertive on Your Own Behalf?
- How is this a Fresh New Beginning (for you)?
- What New Things Do You Want to Try?
- How/When/Where Can You Be More Experimental in Life?



ARIES New Moon :: 3.21.2023 @10:23am (pacific)
Ritual Orb of Influence :: March 19 - 23, 2023

ARIES Chakra Breathwork

Opening w. Deep Cleansing Breaths:

CHAKRA Meditation :: We take a deep breath IN ... and a deep breath OUT ... SPIRALING through the seven primary Chakras. The **ARIES New Moon** is an annual **INITIATION** and the time when you can ***INITIATE* a new Identity & Purpose**. Use the oxygen that **you take *IN* to carry *NEW* clarity, courage & independence** in to every cell of your DNA and use the carbon dioxide to carry ***OUT* old destructive habits & self-sabotage** of every cell of your DNA. Practice your heart-centered breathwork, and as you release, visualize that you are creating a space to BUILD going forward ... breathe from the 1st Root Chakra, all the way up to the 7th Crown Chakra on the Liberating Current (releasing back to Source/Consciousness) ... then we start at the 7th Crown Chakra, and spiral all the way down to the 1st Root Chakra on the Manifesting Current (bringing in to Form).

Manifesting Current :: BREATHE IN :: We BRING IN from pure thought in to tangible form ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **INSTINCTUAL CONNECTION TO EARTH**
2nd Chakra :: Water :: Emotions:Sexuality:Creativity :: **DEEP PASSION FOR LIFE**
3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **SENSE OF *I AM* PRESENCE**
4th Chakra :: Air :: Love:Unity:Breath :: **DEEP SELF-LOVE & SELF-VALUE**
5th Chakra :: Sound :: Your Voice:Communication :: **DYNAMIC CREATIVE EXPRESSION**
6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **FIERY IMAGINATION**
7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **DEEP-ROOTED FREEDOM**

Liberating Current :: BREATHE OUT :: We RELEASE from dense 3-D back to pure consciousness ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **ANY DISCONNECT FROM HOME BASE/SOURCE**
2nd Chakra :: Water :: Emotions:Sexuality:Creativity:Change :: **ANY PARALYTIC FEAR/DREAD**
3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **ANY PERCEIVED POWERLESSNESS**
4th Chakra :: Air :: Love:Unity:Breath :: **ANY SENSE OF ISOLATION**
5th Chakra :: Sound :: Your Voice:Communication :: **ANY BLOCKAGES OR STAGNATION**
6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **ANY SELF-IMPOSED DELAYS**
7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **ANY DISCONNECT FROM HIGHER SELF**



LIBRA Full Moon :: 4.5.2023 @9:34pm (pacific)

Ritual Orb of Influence :: April 1 - 7, 2023

PETITION :: Ritual for Releasing Imbalanced or Toxic Relationships & Partnerships

ENERGETIC SUPPORT = Mercury Retro in Taurus = Review the Value of Your Ideas & Thoughts

We recommend that you check-in with Kelly's [Weekly Forecast](https://KellyMBeard.com/blog/) (<https://KellyMBeard.com/blog/>) for current energies & cycles, however, there is always at least one special alignment to help us with each Lunation.

4/3 :: Mercury Enters TAURUS (until June 11th):

Mercury in Taurus activates our senses as our primary communicators & messengers. Mercury rules all the information that we take in – mentally, physically, emotionally & spiritually so when we are processing that information through the Taurus lens, then we must engage our 6-senses in order to learn or discover truth. Your senses give you so much information but with food & pharmaceuticals dulling them down, you may have to do a cleanse just to get them to function properly. Mercury in Taurus helps us all get very practical, activating our common sense. It is time to be very pragmatic by asking the value & worth of all that you engage in, all of which is up for a renewal. We are additionally liberated by Uranus being there in Taurus too, helping release old, crusty thinking that no longer applies in the here & now. We are activating our imaginations to help beautify our environment and cultivate creative solutions to our current challenges. It's time to connect with our body and recalibrate our own physical well-being so that we are more clear about our choices & decisions.

We will have an extended period to integrate all that with the upcoming Mercury Retrograde. Mercury will Retrograde on 4/21 and go Direct on 5/14 in Taurus, at which point you will be able to re-dream your individual needs & desires so that you can move forward on a completely new level. This year (2023), Mercury will go backwards in ALL Earth Signs, giving us a chance to recalibrate all the containers that we are cultivating for our new creative ideas & personal self-expression. We will review our individual needs & desires around personal security & creature comforts and then June allows us to move forward with more clarity on which ideas will be worth our time, energy, money & efforts going forward. We have to get out of our heads and into our bodies for this one. What makes you feel physically safe, secure & protected? What gets your creative juices flowing? How has that changed over the last year or so?

Now is the time to consider what has changed about your ideas, thinking or consciousness. As you make the connections and do some deeper processing of all that you've learned recently, then you can move toward the necessary embodiment as it goes Direct in Taurus. Once you make up your mind, then you can start to create space for whatever you're birthing this Spring season! Take some time to improve your environment, beautify your Self, raise your vibration and recalibrate your magnetic field so that you are naturally magnetizing what is for your highest good and repelling that which is not.



LIBRA Full Moon :: 4.5.2023 @9:34pm (pacific)

Ritual Orb of Influence :: April 1 - 7, 2023

Additional Support & Lunar Guidance

4.5.2023 :: Full Moon in LIBRA:

Can you feel the process that you have been through, personally, over the last 6-months? Can you feel the Universe reshaping, repositioning you to birth a whole new way of living on Earth and relating with other living beings? In order to do that, relate in a whole new way with Life, we have undergone quite a rigorous release process over the last 6-months alone. When you 'shed skins', you have to know that you are raw & vulnerable as you grow your new skin or if it is a new birth of any kind, there is that initial stage of development that immediately follows birth that is the most vital for the health & well-being of the (creative) baby.

As for our Libra Full Moon, this is giving us a chance to do this deep clearing in the relationship department and honor the annual opportunity to complete things and tie up any loose ends in our relationships, personal, professional or both. That means anything and anyone that you have to relate to on a regular basis has this annual opportunity for renewal on a very deep level. It is a time to notice what is out of balance and take advantage of the initiatory energy of the Spring to clear it out and make space for new relationships and for new ways of relating in general. This one has so much additional power & juice for clearing out old, toxic, imbalanced relationships in a way that is so obvious that it makes it almost effortless to finally let go. You will also be shown the new possibilities for nourishing & supportive, balanced & reciprocal relationships, partnerships & collaborations that are being seeded at this time in your life.

Where is the beauty? fun? joy? supportive, helpful, peaceful people? What nourishes your body? mind? soul? spirit? Think in terms of how that has evolved over the last 6-months, 1-year and over the last 8-years for sure. What you used to be magnetized and attracted to has likely evolved, deepened and/or changed completely from 7-10 years ago. It's time to do some internal reflection on the lessons & blessings you have gained through all your current relationships. No matter how grueling or treacherous they've been, you've learned something about your Self and humanity and how peace must be nurtured. Now, the Universe, the planets, Mother Earth herself all support you in stepping up and into NEW ways of being your Self, which automatically shifts how you relate with Others, on every level. Many small Circles and Communities have strong roots and are growing amazing things that will feed us all in the end. Find your own inner balance, tap into this Spring Season when physical balance is naturally available and call in more balance & reciprocity in your personal & professional relationships. It's time to allow more good into your life. Practice with more Light this season. Also consider what relationship & partnership seeds got planted with the Libra New Moon on 9.25.2022 (6-months ago).



LIBRA Full Moon :: 4.5.2023 @9:34pm (pacific)

Ritual Orb of Influence :: April 1 - 7, 2023

***ISSUES* being brought in to the Light at this time are:**

- Balance & Reciprocity in Your Relationships (Primary/Personal/Professional)
- How You Relate to Others & Create True Kinship
- Balance Between Self & Others ~ You, the Individual & Your Community
- Mutually Beneficial Relationships, Collaborations & Partnerships
- Awareness & Integration of Individual, Social & Collective Needs
- Creating Win/Win Situations in All Your Interactions
- Fairness, Balance & Justice ~ Individually, Socially & Collectively
- Art, Creativity & the Essence of Beauty

***HOUSES* are the Areas of Life where you need to:**

- Release Imbalanced and/or Toxic Relationships (personal or professional)
- Rebalance or Recalibrate the Give & Take between You & Others
- Improve or Stabilize Your Team or Community of Support
- Reclaim Individual Autonomy Within Groups/Partnerships or Collaborations
- Deepen Dedication to Peace, Love, Harmony & Balance Within & Around You
- Review & Improve Your Negotiation Skills
- Clarify Your Needs vs Desires & Renew Definitions of Support & Relationship
- Renew & Improve the Beauty in Your Life, Being & Environment

***QUESTIONS* to Contemplate:**

- How much beauty is naturally part of your life?
- Do you procrastinate? If so, why?
- Have you been giving out of obligation or with expectations?
- Do your relationships, partnerships & collaborations actually support you?
- Do you avoid facing truths about self by worrying constantly about others?
- Do you stay busy so most interactions are short and/or superficial?
- How is your sense of drive and/or purpose?
- Is it all worth it?
- Are your relationships & community an accurate reflection of you?



LIBRA Full Moon :: 4.5.2023 @9:34pm (pacific)

Ritual Orb of Influence :: April 1 - 7, 2023

LIBRA Chakra Breathwork

Opening w. Deep Cleansing Breaths:

CHAKRA Meditation :: We take a deep breath IN ... and a deep breath OUT ... SPIRALING through the seven primary Chakras. The **LIBRA Full Moon** is an annual **COMPLETION** and the time when you can ***RELEASE*** any **toxic relationships or situations and clear space for a renewed sense of Self to blossom**. Use the oxygen that you **take *IN* to carry *NEW* balance, peace & harmony** into every cell of your DNA and use the carbon dioxide to carry ***OUT* imbalance, selfishness & superficiality** of every cell of your DNA. Practice your heart-centered breathwork, and as you release, visualize that you are creating a space to BUILD going forward ... breathe from the 1st Root Chakra, all the way up to the 7th Crown Chakra on the Liberating Current (releasing back to Source/Consciousness) ... then we start at the 7th Crown Chakra, and spiral all the way down to the 1st Root Chakra on the Manifesting Current (bringing in to Form).

Manifesting Current :: BREATHE IN :: We BRING IN from pure thought in to tangible form ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **TRUE ESSENCE OF LIFE**

2nd Chakra :: Water :: Emotions:Sexuality:Creativity :: **BEAUTY & PLEASURE**

3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **BALANCE & INTEGRATION**

4th Chakra :: Air :: Love:Unity:Breath :: **UNITY & KINSHIP**

5th Chakra :: Sound :: Your Voice:Communication :: **VIBRATORY RESONANCE w. OTHERS**

6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **CREATIVE VISUALIZATION**

7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **LIGHT-FILLED MAGNETISM**

Liberating Current :: BREATHE OUT :: We RELEASE from dense 3-D back to pure consciousness ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **SCATTEREDNESS OR IMPERMANANCE**

2nd Chakra :: Water :: Emotions:Sexuality:Creativity:Change :: **EXTREMES: EXCESS OR FAMINE**

3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **IMBALANCE & STAGNATION**

4th Chakra :: Air :: Love:Unity:Breath :: **FALSE ESTRANGEMENT**

5th Chakra :: Sound :: Your Voice:Communication :: **SELFISHNESS & ONE-DIMENSIONAL THINKING**

6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **DISSONANCE OR DISTORTION**

7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **BLOCKAGES OR DISCONNECT**



ARIES New Moon/Solar Eclipse :: 4.19.2023 @9:15pm (pacific)

Ritual Orb of Influence :: April 15 - 22, 2023

Additional Energetic Support & Lunar Guidance

4.19.2023 :: New Moon/Solar Eclipse in ARIES + Lunar Flip :: (2 of 2 Aries New Moons)

This is a very special second chance at a New Beginning! You are still Initiating a New Identity & Purpose, but on a larger scale than Annual, this Initiates a New 10-20 year cycle around who you are and what you want for your Individual Self and within the context of your primary Relationships, Partnerships & Collaborations. It is time to reflect on the following years and look at the evolution of your goals & aspirations, as well as the way you accomplished them and expressed yourself along the way. Feel into how often you changed during those years and it directly affected your interactions with others. Reflect on the relationships that came and went during those years.

ARIES/LIBRA Eclipses

2023-25 :: Aries North Node

2004-06 :: Aries North Node

1986-87 :: Aries North Node

2013-16 :: Libra North Node

1995-97 :: Libra North Node

1976-78 :: Libra North Node

A full **North Node Cycle** includes one of each and runs almost 20-years and is referred to as the Life Path & Direction. When it is happening in the sky like this, it affects the Social & Collective levels. If you have an Aries or Libra North Node in your own chart, then these years will feel very personal for you. The rest of us should look to our Aries & Libra Houses in our charts to know the Area of Life that is being activated by these Eclipses. Eclipses facilitate great change and obvious upgrades when they roll through. Once you get the rhythm, they are easier to co-create with consciously and not be taken so off-guard.

Lunar FLIP :: is something that also happens every 18-months, is related to our Lunar Rhythms and happens every time we have two back-to-back Full or New Moons in the Same Sign, in one 28-day cycle. For the last 18-months, we have experienced the New Moon preceding the Full Moon. With this rhythm, we plant seeds and walk-by-faith and usually, come to the Full Moon, which lights up areas we were not aware of and causes some adjustments in order to allow our New Moon intentions to flourish. Now, with these TWO Aries New Moons, the rhythm is flipping to the Full Moon preceding the New Moon. Now, the Full Moon will light things up in a way that illuminates what needs to be cleared & released so that you can go forward and plant seeds on solid, new ground.

Mars in CANCER :: This is relevant because Aries/Libra is in the same family with Cancer/Capricorn. So while we are Initiating & Integrating in Aries/Libra, this forces our Cancer/Capricorn Areas of Life to have to grow “out of comfort zone and into new territory”. Mars has just re-set its whole cycle by lingering in Gemini – after any Retrograde, we always pay special attention to where they go FIRST – what is the first stop? Mars starting its new cycle and then moving into Cancer is an indication that we need to fortify and do some self-care in order to pursue our goals & desires going forward. Again, all of this Lunation is particularly intense for those with these Signs activated in your chart.

3/25 :: Mars Enters CANCER (until May 20th):

Normally, I'd say for the next 2-months, explore new ideas or possibilities and experiment without attachment when you can. But Mars is going Retrograde in Gemini extending its stay 7+ months which constitutes more of a major Mental Upgrade so we are calling in a New Cycle of Mental Clarity, Creativity & Consciousness and letting go of an OLD one that goes all the way back to 1990-91. If you're old enough to remember what kind of mentality that you had back then and just how much you've learned and how much your consciousness has evolved over the last 30+ years, then you can take advantage of this initiation. Keep in mind the Shadow of Mars in Gemini is fighting with words or being internally split, divided within or generally indecisive so be mindful of that in your Self and others.

Now after an extended stay in Gemini, we will be cultivating a new base or container for that New Cycle of Mental Clarity, Creativity & Consciousness. We've had a major Mental Upgrade and for the next 2-months, we are going to explore how we **feel** about that. Mars is about who you are and what you want, your goals and how you make your moves to accomplish them. In Cancer, it is all about your **feelings** so the energy supports you to move backwards & sideways until you're really ready to go forward. We have to feel out the new foundation, make sure our boundaries are clean & clear and proceed to make new choices & decisions that better reflect our true Identity & Purpose. It is time to up-your-game in the Self-Care Dept! After such a long mental journey, we need to re-set our bodies and physical rhythms so that we can go forward with those creative ideas and bigger dreams! Delegate what you can and consciously direct your energy toward the current priority (Cancer House) especially because this is a once-in-2-years Initiation of managing your personal life in new & different ways. Recalibrate your home & work schedules according to your Feeling Nature – not your Monkey Mind or Survival Mode. What **feels** right to YOU, the individual? When Mars is in Cancer, we are much more motivated by feelings, than facts. So devote some time to improving your Sacred Space, your private little corner of the world, where it is ALL about YOU – in a good way! In a replenishing way! It's time to create your comfort zone, set up your space and prepare your energy to be poured into passion & creativity once Mars moves into Leo.

***NOTE ::** Refer to the above **Aries Tools & Breathwork** to also reflect on the larger 10-20 year cycles and see how far you've come! Run them through the filter of the Eclipse years and see what kind of changes you went through.