



INTRODUCTION :: GEMINI/SAGITTARIUS :: MAY/JUNE 2023

This PDF is designed to guide & support you throughout the current Lunation. The **Tools, Support & Guidance** are for **May/June 2023** and whatever Soul Work you're able to do, is going to set you up for deeper revelations as the year unfolds. Based on whatever you discover, you will be set up for the birth of something NEW this year. In other words, the energy you are able to put into cultivating a conscious life and manifesting your goals will directly feed into your success 6-months-to-a-year from now.

The Lunar Cycle is generally 28-days and the energies ripple out in ways that we can feel and in a rhythm that we can follow every week, two weeks, one month, 6-months, 1-year, 9-years and 18+years. See the micro-to-macro effect of consciously co-creating with the Moon? We go from very personal, daily rhythms & moods to the social/collective rhythm of the North Node Cycle of Life Path & Direction. It's also best to do your **Lunar Ritual** 3-days *before*, the *day-of* or 3-days *after* the Full or New Moon – that is when the energy is strongest & you'll get better results. You can take 3-hours or 3-days to carry out your ritual.

The other evolution happening during this time is that we are being activated to go deep within the Self to connect with our **Inner Gemini**: that is our creative ideas, personal thinking & communication and **Sagittarius**: is our Higher Consciousness & belief systems. If you are able to release old consciousness that has run its course as of this month, then you can seed some new creative ideas and begin to communicate in all new ways. If you do the supported Mental Processing now, early in the year, then when **Sagittarius Time** gets here (6-months from now), you'll be able to step UP and into a New Narrative so you can tell a completely New Story going forward. This energy also allows for a renewal of **Personal Ideas, Thoughts & Concepts**, as well as **Improved Creativity & Renewed Faith in Self**.



YeYe's Standard Chant + Blessing the Head Instructions

[AUDIO](#) (16-min/mp3)

[YeYe Luisah Teish](#) created the following **Standard Blessing/Opening Prayer**. For those of you in our classes, this will support your practice and for those of you that this is "new" to, just feel into it and see if it resonates. This particular blessing is rooted in African/Yoruba Traditions. This will also help us to master the **Standard Chant, Hand Movements & Blessing the Head that YeYe has taught us** (which is explained in audio link above).

Every time you are ready to begin your **Monthly Lunar Ritual**, you will light a candle, place a glass of water near the candle and start here with the **Standard Chant**, which is used for **Opening the Four Directions**, calling in the **Ancestors** or, like we're using it here, to set up our **Sacred Space**. There is a lot of explanation on the audio, so I have included the words & gestures below for those of you who want to get to it. After you've set the **Sacred Space & Blessed Your Head**, then you will refer to the **Energetic Support + Lunar Tools** to guide your inquiry, along with **Journal Prompts + Chakra Breathwork** that is customized for each Lunation that you may find useful.

Opening Sacred Space :: Song + Movements

Ahh Sigh + Begin to Sing/Chant

Iba Se = Hands Opening a Circle

Iba Se O = Knees Bend / Bring Hands into Prayer Pose

Iba BaBa = Prayer Hands Go Up to Father Sky

Iba YeYe = Prayer Hands Go Down to Mother Earth

Iba Se = Prayer Hands Open to the Horizon

Ile Orun = Home of the Heavens

Ile Aiye = Home of the Earth

Ile Olokun = Home Below the Waters

Honor the Four Directions (now pick up your glass of water):

- Use the longest finger on left hand & take your finger clockwise around rim of glass / starting at top for 12noon
- Imagine you are creating a Sacred Circle and placing yourself in the Center
- Now touch the top for 12noon/North, touch 6pm/South, touch 3pm/East, touch 9pm/West
- Imagine an equal-arm cross in your Sacred Circle and place yourself in the Center

Then Visualize and Feel the Experience of:

Good Fortune in Front of You

Ancestors Behind You

Good Health on Right Side of You

Wealth on Left Side of You

Wind & Clouds Above You

Ocean & Rivers Below You

The Pathfinder in Front of You

The Defender Behind You

Then Pour the Libations and Bless the Head

Say the following and splash/pour/offer a little water for each blessing and use the water to **Bless the Head**

OMI Tutu = Cool/Bless the Waters of Life

ONA Tutu = Cool/Bless the Road of Life

ILE Tutu = Cool/Bless the House of Life

Tutu Gbogbo Egungun = Cool/Bless All the Ancestors

Iwa Ju = Third Eye/Imagination

Ori = Crown/Consciousness

Eshu Ni Apako = Back of Neck/Trickster

Iburu = Throat/Voice

Ori Mi Gba Mi O = My Head Supports Me

Bless Each Temple = Intuition + Intellect



STANDARD RITUAL SET-UP

Each Ritual can take 3-hours or 3-days to Complete, depending on your time & availability:

Day/Hour One = Humble self & clear any negative energy from your field by acknowledging that you cannot do it alone. It is a time to focus on clearing & releasing anything blocking your current goal(s). And then give Gratitude for all the Blessings & Resources that you already do have. Take it one step further by **feeling** as if your goal has already been accomplished. What kind of Gratitude will you show once you achieve your goal? How will you deepen your dedication?

Day/Hour Two = Petition the Orishas, Ancestors, Angels & Animal Spirit Guides for assistance. Be careful to not beg but simply & honestly present your needs & desires, with gratitude as if it's already been granted. There is a monthly theme supported by the Moon, but you can also set the goals & intentions that are most important to you at this time.

Day/Hour Three = Make a Commitment to do your part going forward and to circle-back in 2-weeks, 1-month, 6-months and/or 1-year from now. Those will be the pivot points when you should be able to see results of the Soul Work that you are able to invest at this time.

Each Day:

Have your Candle + Glass of Water, along with any related Crystals or Totems that you think will support your Soul Work.

- ◆ Open Your Sacred Space
- ◆ Bless the Head
- ◆ Commune & Make Offerings to Your Invisible Team
- ◆ Petition for Assistance
- ◆ Open to Receive Message
- ◆ Use your own **Divination Tools + Kelly's Lunar Tools** to guide the specifics of each lunation. You may want to do some Water Gazing, Tarot, Shamanic Journey etc to help you clarify & confirm the guidance that you receive.
- ◆ Renew Your Commitment (to Release, Reclaim & Do Better Going Forward)
- ◆ Close the Circle on the third day/hour



SAGITTARIUS Full Moon :: 6.3.2023 @8:42pm (pacific)

Ritual Orb of Influence :: May 31 – June 7, 2023

WOLF Medicine/Animal Guide :: The Trickster Archetype

COMPOST Old Narrow Vision :: SEED New Friends & Experiences

PETITION :: Ritual for Processing, Assimilating & Integrating New Ideas + Concepts

ENERGETIC SUPPORT = JUNE :: Venus Enters LEO (until Oct 8th)

We recommend that you check-in with Kelly's [Weekly Forecast](https://KellyMBeard.com/blog/) (<https://KellyMBeard.com/blog/>) for current energies & cycles, however, there is always at least one special alignment to help us with each Lunation.

LIGHT Expression:

**Adventure Inspiration Risk & Just for Fun
Strongly Value Love, Authenticity & Freedom
Self-Creation Sourced in Your Heart & Natural
Loving Your Inner Child/Innocent Child's Heart
Inner Glow of Self-Worth, Self-Value & Self-Love
Love Passionately, Whole-Heartedly & Generously
Play Performance Art Story-Telling Theatre Games
Courage/Being Willing to Fight for the Greater Good
Joy & Generosity of Spirit that Radiates from Within
Comfortable w. Your Unique Beauty, Gifts & Talents
Leadership that Promotes Love, Light & Truth
(in Both Work & Play)**

SHADOW Expression:

**EGO = Edging God/Goddess Out
Denial of Past Bad Romantic Decisions
Being Argumentative/Thinking Others Owe You
Seeking Un-Earned Status, Wealth or Reputation
Exiled from Others/No Fun, Play, Joy or Relaxation
Taking Things Personally, Self-Conscious & Insecure
No Self-Discipline/Must Have Others Push/Motivate
Wounded Ego Allows Others to Determine Your Worth
Playing a Role: Looking the Part but Not Being the Part
Need for Validation Appreciation Applause from Others
Being Overly Dramatic & Manipulative to Get Your Way
False Pride: Trying to Be Perceived as Someone You Are Not**



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Ritual Orb of Influence :: May 31 – June 7, 2023

Additional Energetic Support & Lunar Guidance

6.3.2023 :: SAGITTARIUS Full Moon:

Essentially, we are supported to do some process, assimilation & elimination exercises. Now it's time for you to integrate what you've experienced as a true knowing and earned wisdom. If you do not integrate the changes that you've been through, the choices you've made, the knowledge you've learned & the wisdom you've earned, then they never convert from ideas-to-bricks in the Base that supports you, that foundation of your own creation. Many will stay in 'overwhelm' or go even deeper at this point because this much information, that does NOT get filed or deleted, WILL overwhelm the system. Gemini Time (May/June every year) is a good time to review & explore the ideas, concepts & perceptions that have been revealed over the last 3-6-9-12 months. It's good to note that next month (Cancer Time-July/Aug) the 'fundamentals' will be UP again. You are supported to review which of the ideas that come up now will actually nourish, support & protect you going forward. Choose ideas that have life & vitality, choose ideas that **feel** right from your Heart-Center, choose ideas that expand your life, rather than limit, pressure or violate it. Simplify, prioritize, RE-allocate your resources and RE-direct your energy, consciously, so that you are not a victim of the energies swirling around you.

I would add that we are being pushed to complete something and sometimes, that can activate a test of faith on one or many levels. What do you truly believe in your heart and soul? It seems that we **Seeded** some aspect of the Garden in early May, and now in early June, we have to surrender & trust that Great Spirit will breathe life into the seeds that got planted. What **seeds** have you been sowing & cultivating? Keep in mind the intense Water/Feeling Energy, as well as the Taurus/Scorpio energy that preceded Gemini/Sag now, because power & practicality continue to leap to mind, as does 'willing sacrifice' (for the greater good of all involved). What belief or thought can you release so that something of greater value can be Lived ~ Experienced and Expressed!?!

The energies of this Summer are giving us an opportunity to clarify our thoughts, explore the new ideas bubbling and dream up new ways of expressing ourselves as individuals going forward. But pace yourself, this is only the first baby-step on a major New Path!! We will be expressing some new ideas & thinking (thanks to the recent Mercury Retro), and this Full Moon can help us release anything no longer **true** or no longer part of the New Story that you want to tell going forward. Try to schedule some down-time in June/July & August if/when possible, even one day can feel like a week's vacation if you really give your mind and body a rest in favor of pampering your heart and nurturing your soul. You'll feel **loved** by YOU if/when you do this kind of self-care focus. Remember, everything is a response to the last thing and preparation for the next thing. Taurus/Scorpio activated the new power, values & priorities and Gemini/Sag will activate the new ideas, choices and Story, which will lead to renewing the fundamentals that Cancer/Capricorn bring around home & work or our public & private selves. The more consciously you navigate this period, the more fruitful your Fall Harvest will be this year.



SAGITTARIUS Full Moon :: 6.3.2023 @8:42pm (pacific)
Ritual Orb of Influence :: May 31 – June 7, 2023

***ISSUES* being brought in to the Light at this time are:**

- Your Truth & Purpose
- Your Long-Term Personal Goals
- Your Spiritual Quest
- The Larger Story of Your Life
- Your Faith & Belief System
- Your Blind Spot
- Your Progress & Potential
- Your Personal Philosophy/Moral Code

***HOUSES* are the Areas of Life where you need to:**

- Consolidate Things & Integrate What You've Discovered
- Research *Self* ~ Dig Deeper
- Renew Your Faith, Belief System & the Works Which Express Them
- Honest Review of Self & Story You're Telling
- Time to Edit the "New Story" (of your life)
- Release Prejudice & Rigid Belief Systems (which no longer serve)
- Address Your Blind Spot Directly
- Spend More Time in Nature ~ Meditation & Exercise

***QUESTIONS* to Contemplate:**

- How has Your Truth 'Shifted' in the last 6mo? 1yr? 12yrs?
- How Well Is Your Belief System Supporting You?
- What 'Stories' are You Still Telling Which Are No Longer True?
- What Aspects of You/Your Life Benefit from a Fact-Finding Mission?
- Where's Your Blind Spot (at this time)?
- Does Your Daily Life Have Meaning & Purpose?
- When's the Last Time You Took an *Inner Journey*?
- How Easily Distracted are You?
- What is a Worthy Quest for You (at this time)?
- How Many Old 'Tapes' are Running Through Your Mind/Heart?



SAGITTARIUS Full Moon :: 6.3.2023 @8:42pm (pacific)
Ritual Orb of Influence :: May 31 – June 7, 2023

SAGITTARIUS Chakra Breathwork

Opening w. Deep Cleansing Breaths:

CHAKRA Meditation :: We take a deep breath IN ... and a deep breath OUT ... SPIRALING through the seven primary Chakras. The **SAGITTARIUS Full Moon** is an **Annual COMPLETION**. It is a time when you can ***RELEASE or COMPOST* the Old Truth, Story & Belief System**. It is time to clear any blockages to living your **Higher Truth, in thought, word & deed**. Use the oxygen that you take ***IN*** to carry ***NEW* Wisdom & Faith** into every cell of your DNA and use the carbon dioxide to carry ***OUT*** judgement, narrow vision & delusions of grandeur of every cell of your DNA. Practice your heart-centered breathwork, and as you release, visualize that you are creating a space to BUILD going forward ... breathe from the 1st Root Chakra, all the way up to the 7th Crown Chakra on the Liberating Current (releasing back to Source/Consciousness) ... then we start at the 7th Crown Chakra, and spiral all the way down to the 1st Root Chakra on the Manifesting Current (bringing in to Form).

Manifesting Current :: BREATHE IN :: We BRING IN from pure thought in to tangible form ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **CONNECTION TO NATURE**

2nd Chakra :: Water :: Emotions:Sexuality:Creativity :: **JOY & OPTIMISM**

3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **FAITH & TRUST**

4th Chakra :: Air :: Love:Unity:Breath :: **GENEROSITY OF SPIRIT**

5th Chakra :: Sound :: Your Voice:Communication :: **CONSCIOUSNESS & MINDFULNESS**

6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **EXPANDED THINKING**

7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **FLUID AUTHENTIC TRUTH**

Liberating Current :: BREATHE OUT :: We RELEASE from dense 3-D back to pure consciousness ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **DELUDED REALITY**

2nd Chakra :: Water :: Emotions:Sexuality:Creativity:Change :: **APATHY & PESSIMISM**

3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **DOGMATIC BELIEFS**

4th Chakra :: Air :: Love:Unity:Breath :: **MISER TENDENCIES & STINGINESS**

5th Chakra :: Sound :: Your Voice:Communication :: **JUDGMENT & SELF-RIGHTEOUSNESS**

6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **LOWER-LEVEL THINKING**

7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **NARROW & LIMITED VISION**



GEMINI New Moon :: 6.17.2023 @9:37pm (pacific)

Ritual Orb of Influence :: June 13 – 20, 2023

PETITION :: Ritual for Initiating a New Creative Ideas + Personal Communication

ENERGETIC SUPPORT=Saturn Retro PISCES=Annual Reivew of Reality, Roles & Responsibilities

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Saturn in PISCES 2023-25

LIGHT Expression:

Spiritual Self-Mastery – Creating New Practices
Manifest the Vision & Imagine a Better Reality
Intuition, Empathy & Psychic Ability Improved
Being of Service to Others, while Providing for & Protecting Self
Altruism, Community Outreach & Charity
Inner Strength & Resilience
New & Improved Boundaries & Protections
Intentional Solitude in Nature
New Rhythms & Better Routines
Art, Creativity, Photography & New Mediums of Expression
Sanctuary, Sanctification & Sacred Space

SHADOW Expression:

Fears, Phobias & Projections
Victimization & Martyrdom
Giving Away Power & Authority
Depression, Apathy & Pessimism
Self-Sabotage, Doubt & Insecurity
Judgement, Shame, Blame & Guilt
Surrender, Completion & Endings
Seeing the Potential rather than the Reality
Denial, Spiritual Bypassing & Avoidance Behavior
Confusion & Overwhelm
Extreme Sensitivity
Lack of Adequate Boundaries



GEMINI New Moon :: 6.17.2023 @9:37pm (pacific)
Ritual Orb of Influence :: June 13 – 20, 2023

Energetic Support *[cont'd]*

6.17.2023 :: Saturn Retro in PISCES (until Nov 13th): *[cont'd]*

Saturn Retrogrades annually, giving us a tremendous amount of stabilizing energy that you can direct consciously on your own behalf. Every year, Saturn asks us to clean up, clear out and upgrade our Reality, Roles, Responsibilities & Boundaries in some Department of Life (Pisces House in your chart). You can look to any area of your life that requires you to upgrade & fortify because it has essentially run its natural course and is more/less worn out. But you can also look to your Pisces House, and see if the Areas of Life it represents (see above list of Light & Shadow), also may require some much-needed focus & dedication. Saturn often gets our attention by creating blockages & delays, pointing out weaknesses & oversights, and during its Retrograde, there are reports of folks feeling like they are being 'held back by the elbows'. But it doesn't necessarily have to be that way. A better use of Saturn's amazing energy is to slow down and check-in with your personal base & foundation. How organized are you in general? Are you naturally focused and self-directed or do you succeed more often when you have help, a guide or a structure? This is a time to develop or fortify your Inner Authority to make choices & decisions on your own behalf, with courage & confidence. Take time to organize your thoughts, clarify your feelings and/or create a plan or strategy for adjusting to the changes (seemingly) being forced on you from the outside, at this time. Start with small, manageable goals because accomplishing them will also give you the momentum & fortitude to go after the bigger goals. It's time to release fear & doubt and redefine your reality on some level, if nothing else, for the new year alone.

Years to reflect on when Saturn was in MUTABLE Signs = Processing, Assimilating & Integrating:

INITIATION	EMOTIONAL Processing	Pisces = 2023-25	akin to ... 1993-96
FIRST TEST	MENTAL Processing	Gemini = 2030-32	akin to ... 2000-03
INTEGRATION	PHYSICAL Processing	Virgo = 2036-39	akin to ... 2007-10
FINAL TEST	SPIRITUAL Processing	Sagittarius = 2044-47	akin to ... 2014-17



GEMINI New Moon :: 6.17.2023 @9:37pm (pacific)

Ritual Orb of Influence :: June 13 – 20, 2023

Additional Support & Lunar Guidance

6.17.2023 :: New Moon in GEMINI:

This New Moon can activate some radically NEW ways of thinking, learning & expressing. How we process information and what we allow IN – into our individual field of resonance, into our personal space or into our own consciousness. Now that the ‘Collective Field’ is Infinitely Open, you are encouraged to fortify & rely on your own filters, boundaries & systems for living. It is time to live your own Truth, within the context of the larger, collective Truth. Gemini always activates the lesson of CHOICE, and now that we have so many choices, some more than others, we have to have a way of making the best choices for Self. The way to do that is to strengthen & fortify the *Head/Heart* Connection: allow the Head to present the variety of choices and the possibilities therein, then proceed to the Heart to sign off on what *FEELS* True & Right for You, personally. Anything good for you, is usually good for ALL so think with your Heart! And set intentions for a new level of learning, awareness & energetic exchange with others going forward.

6.22.2023 :: Vesta Enters GEMINI (until Sept 13th):

Vesta represents you, the individual – in its purest, most Sacred form. It’s the part of you that can focus deeply or dedicate completely to a person or project, sometimes to the exclusion of other aspects of life. It’s where we can be a little extreme at times. But up in the sky, she is activating all of us to initiate a new cycle of making GEMINI Curiosity, Learning & Communication not just important, but SACRED. This is a great time to lighten up, personally. It’s also an excellent time to check-in with your language. Remember: there is power in the word – thought, spoken or written. It’s very powerful and if our Mind & Heart are not communicating well, then a lot can get lost in translation. This is a chance to re-set your personal Story for the next 4+ years, integrating a new narrative, that includes more friends and strong personal & professional networks of people who believe in you and support your goals.



GEMINI New Moon :: 6.17.2023 @9:37pm (pacific)

Ritual Orb of Influence :: June 13 – 20, 2023

***ISSUES* being brought in to the Light at this time are:**

- Your Voice / What You Are a Voice For
- Communication on Multiple Levels
- Self-Expression and the Invocative Power of Language
- How You Gather and Sort Information/Data
- How You Manage & Express Your Inner-Duality, the Trickster Within
- How You Think and Internally Process Information
- Your Thoughts, Ideas & Concepts
- Your Perceptions & Beliefs
- How Your Mind/Intellect Works & How You Learn

***HOUSES* are the Areas of Life where you need to:**

- Learn Something New ~ Be the Curious Eternal Student & Teacher
- Practice More Self-Expression thru Writing, Speaking & Publishing
- Open to New Ideas & Expanded Concepts
- Do Some Research ~ Exchange Thoughts, Ideas & Concepts with Others
- Connect to a New Perspective & Exercise Tact/Diplomacy
- Renew Your Logic & Practice Clear Communication
- Liberate & Refresh Your Mind, Your Thinking & Your Language
- Be More Open & Light-Hearted

***QUESTIONS* to Contemplate:**

- How Can You Initiate ONE NEW Concept/Thought Pattern?
- What is Your Primary Mode/Medium of Creative Expression?
- What is Your Primary Manner of Communicating?
- Are You Fully Expressing Who You Are 'Here & Now'?
- Where Can Your Ideas, Thoughts & Concepts Use an Infusion of New Energy?
- What/Who is Your "Twin Flame"?
- Do You Need to Lighten Up & Socialize More? or Less?
- How Are You Duplicitous Within? or Out in the World?



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GEMINI Chakra Breathwork

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CHAKRA Meditation :: We take a deep breath IN ... and a deep breath OUT ... SPIRALING through the seven primary Chakras. The **GEMINI New Moon** is an annual **INITIATION** and the time when you can ***SEED* new ideas, concepts & thought patterns**. Use the oxygen that **you take *IN* to carry *NEW* clarity, joy & positivity** into every cell of your DNA and use the carbon dioxide to carry ***OUT* destructive thought patterns & negative beliefs** of every cell of your DNA. Practice your heart-centered breathwork, and as you release, visualize that you are creating a space to **BUILD** going forward ... breathe from the 1st Root Chakra, all the way up to the 7th Crown Chakra on the Liberating Current (releasing back to Source/Consciousness) ... then we start at the 7th Crown Chakra, and spiral all the way down to the 1st Root Chakra on the Manifesting Current (bringing in to Form).

Manifesting Current :: BREATHE IN :: We BRING IN from pure thought in to tangible form ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **RENEWED 3-D STORY**

2nd Chakra :: Water :: Emotions:Sexuality:Creativity :: **MORE CREATIVITY**

3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **CURIOSITY & DETACHMENT**

4th Chakra :: Air :: Love:Unity:Breath :: **HEART-CENTERED CHOICES**

5th Chakra :: Sound :: Your Voice:Communication :: **TALK LESS / SAY MORE**

6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **CLARITY/DISCERNMENT**

7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **INNER TRUTH/WISDOM**

Liberating Current :: BREATHE OUT :: We RELEASE from dense 3-D back to pure consciousness ...

1st Chakra :: Earth :: Beginning:Roots:Survival :: **DISCONNECTION FROM REALITY**

2nd Chakra :: Water :: Emotions:Sexuality:Creativity:Change :: **BLOCKAGES/STAGNATION**

3rd Chakra :: Fire :: Personal Power:Will:Self-Esteem :: **FEAR / NARROW-MINDEDNESS**

4th Chakra :: Air :: Love:Unity:Breath :: **EGO / NEED TO BE 'RIGHT'**

5th Chakra :: Sound :: Your Voice:Communication :: **NEED TO CONVINCe OR CAJOLE**

6th Chakra :: Light :: Clairvoyance:Intuition:Imagination :: **MENTAL GYMNASTICS**

7th Chakra :: Thought :: Wisdom:Understanding:Consciousness :: **DISCONNECT FROM SPIRIT**